

Activity Three: Record Your Accomplishments



for tasks and responsibilities in the home, school
or community

Record your accomplishments: tasks you successfully completed and the outcomes you achieved. Rate your interest level from 1 (lowest) to 5 (highest).

Home, School or Community Chart						
	Accomplishment	Interest Level				
1		1	2	3	4	5
2		1	2	3	4	5
3		1	2	3	4	5
4		1	2	3	4	5
5		1	2	3	4	5
6		1	2	3	4	5
7		1	2	3	4	5
8		1	2	3	4	5
9		1	2	3	4	5
10		1	2	3	4	5